



December 2016



St. Andrew's Episcopal Church

The Tartan

A Message to the Parish

by Fr. Martin Yabroff



Dear Friends,

"I invite you, ... in the name of the Church, to the observance of a holy (Advent), by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word." (BCP p. 265)

These words, except for my exchanging Advent for Lent, come from our Ash Wednesday liturgy. They call us to a season of refreshment and renewal, of rest and reflection, both to become centered in the Gospel, in God's peace and purpose, and to prepare for a great celebration – in this time: Christmas.

We need this season because many of us have become distracted by recent events and unfolding news, and are sometimes anxious about what we cannot control. We forget God's grace and power in our midst. We worry about controlling what we think of as our own possessions rather than being stewards of God's blessings towards us. Repentance means turning – getting back on track – without groveling or guilt.

As for fasting, some might benefit from cutting back on the 24 hour news cycles, or from Facebook and such.

Historically, the season of Advent came about as a season like Lent. It began 40 days before Christmas, around November 11 – the Feast of St. Martin of Tours – and was known as the Lent of St. Martin. Like Lent, Advent is a season for renewal in eager anticipation of great joy to come. It is a re-focusing on the true meaning of Christmas, as an antidote to the commercial frenzy and the anxieties of the holidays. And like Lent every year, it is a gift from God that we need more than we realize. (from my Advent 1 sermon)

To observe a holy Advent, I invite you to read one of the four Gospels between now and Christmas. Consider the Archbishop of Canterbury's on-line course on reading the Bible (see on-line resources in this Tartan). I encourage you to attend Sunday and Wednesday worship services as often as possible, and read our Advent devotional booklet every day. And try to attend our Advent Quiet Morning here on Saturday, Dec. 3, 9:30 to Noon.

Looking ahead, our gathering of pledges of financial support for St. Andrew's ministries in 2017 has gone very well – this is a generous congregation! If you have not returned your pledge, please do so ASAP so the Vestry may complete next year's budget.

Sunday, December 11, we will say good-bye to Gretchen and Stan Liebenberg, who are moving to Orcas Island. They have been very faithful and generous leaders in many of our ministries and activities, from the Organ Committee and Vestry to Endowments, Community Outreach, Finance, and more. There will be a special reception for them after the 10 am service.

Sunday, December 18 will be the Greening of the Church. Share in decorating for Christmas services!

This year, our Christmas Eve services will be our Family Service with Children's Pageant at 4:00 pm and our Traditional Christmas Eve Service at 9:30 pm (beginning with half an hour of special music and carols). Christmas Day is a Sunday, and we will have services at 8:00 am and 10:00 am, with Christmas Carols at both.

Listen to the Holy Spirit guiding you to observe a holy Advent of refreshment and renewal. Consider what will help you be more spiritually centered. (Talk to me if you would like suggestions.) I pray that we all may patiently watch and wait and marvel at God's grace for us. Now is the time! Amen.

Yours in Christ,

Martin+

On-line Resources for Advent

On-line course on reading the Bible

<https://www.churchnext.tv/library/how-to-read-the-bible-better/>

Archbishop Justin Welby, author, teacher, and spiritual head of 80 million Anglicans worldwide, wants everyone to draw closer to God through the Bible by joining his free online class, "Getting More Out of the Bible with Justin Welby." The course, which is rich with resources and inspiration, will be offered for free to all for the duration of the Advent season, Nov. 27 through Dec. 24.

"We are living in divisive and complex times where honing abilities to live peaceful, wholehearted lives is increasingly difficult," according to a press release from [ChurchNext](#), which is hosting the course. "The Bible regularly proves to be the inspiration behind lives of kindness, authenticity, and reconciliation."

"A key message of the Bible is transformation," says Welby, "And now more than ever our lives, communities, and society will all benefit from the re-discovery of the Bible as a source of transformation."

Scripture and recipe for each day of Advent <https://makereadythefeastblog.com/>

The resources of *Make Ready the Feast* are ideal for personal, congregational and community planning and scheduling of Advent observances.

"Advent calls us to a time of preparation and hope as we await the birth of the Christ Child," commented Mary Brennan, Episcopal Church mission communication officer. "One tangible expression of this call is planning, cooking, and sharing a meal or special dish that brings sustenance and comfort to others and to ourselves. The importance of providing food for both body and soul is found throughout the Bible. Coming to the table – in whatever condition or station of life – is essential to our faith."

The recipes represent diverse cultures and traditions, demonstrating the strong relationships that cross borders and oceans in the Episcopal Church and Anglican Communion.

Daily Advent Meditations from around the world <http://adventword.org/>

AdventWord is a new twist on this old theme: it invites people to sign up to receive a daily meditation. Recipients are invited to submit a photograph in response on their social media account with the hashtag #AdventWord. The photographs are pulled together in real time to create a living Advent calendar.

The initiative is jointly run by the U.S.-based Society of Saint John the Evangelist (SSJE), a religious order of men in Cambridge, Massachusetts; with the Lady Doak College, a women's college in south India; and the Anglican Communion Office.

"*AdventWord* is a wonderfully innovative way to engage people in prayer all over the world," the secretary general of the Anglican Communion, the Rt. Rev. Josiah Idowu-Fearon, said. "The Bible calls on us to bring prayers and petitions to God. I urge Anglicans everywhere to sign up and get involved in what will be an extraordinary, powerful and global wave of prayer."

Safe Sleep—by Jeffrey Boyce, Deacon Postulant

Many families are currently listed as homeless by the Tacoma School District. Approximately twelve hundred students are living with friends on the floor or couch, in limited shelters for families, and many are living in their vehicles. With Rev Nina Bodie and the congregation of Bethlehem Lutheran Church, we are starting a “Safe Sleep” space on their campus. We will be providing a space where families with children will be able to park overnight in safety. We are looking to staff this site via volunteers (2 each night), during a 90 day window from January 1, 2017 till March 31, 2017. This will be a trial period in which we can provide some help during inclement weather. Also, it will be a time to see the actual needs and costs. From the beginning, a port-a-potty with wash station, fencing, and privacy screening will be provided.

Our intention is to assist folks who are not being served by other programs (i.e. families with children in cars) while they sign up for services, or get a break from being on the street.

We will be open from 7pm to 7am. Our guests will have to leave each morning. We are initially accepting up to ten cars (no motor homes, no vans, or campers). Our procedures are based in part on the models of the Rev. Jessie Smith of St Anne’s, Washougal who has done this for the last year and that developed by Seattle University. We are coordinating with Associated Ministries and the City of Tacoma. This is a first for Tacoma. We are hoping to expand this program throughout Pierce County.

Safe Sleep is sending out a letter to 50 different congregations throughout Tacoma in order to build an ecumenical movement on the East Side of Tacoma to help homeless families. If you are interested in helping, please contact me.

Jeffrey Boyce
Deacon Postulant

While doing your Christmas shopping—one easy way to donate to St. Andrew’s—by Virginia Gaub

PROGRAM: **Amazon.com**

HOW TO PARTICIPATE: When you wish to shop at Amazon.com go to the church website <http://www.saintandrewstacoma.org> and click on the Amazon.com logo on the front page, which will take you to the Amazon.com website.

BENEFITS: St. Andrew’s will receive a percentage rebate on your purchase which will be used to support our various ministries.

Community Outreach—*by Don White*

The St Andrew's Community Outreach Committee met on October 30th to distribute the third quarter of 2016 funds of \$7,122.70. Grants were given to the following organizations and funds:

- St Andrew's Scholarship Fund--\$750.00.
- St Andrew's Rector's Discretionary Fund--\$500.00.
- St Andrew's Seminary Fund-- \$712.00.
- Jackson Street Food Bank received \$500.00 for food purchase.
- Associated Ministries of Tacoma & Pierce County received \$750.00 which is the third installment of our Pledge. Our pledge for 2016 is \$2,000.
- Episcopal Relief & Development Fund received \$500.00 for general disaster relief.
- St Leo's Food Connection was issued \$500.00 for their Children's Feeding Program.
- Pierce County chapter of Habitat for Humanity received \$100.00 for the Common House at the Woods.
- Heart of Africa Services Center, a new agency for us, was awarded \$500.00 for basic school supplies for Students in The Sudan.
- Pierce Community Center was given \$500.00 for their Hilltop Student Assistance Fund.
- Pediatric Interim Care Services (PICS) Center of Tacoma was given \$250.00 for their specialized foster care program for drug exposed infants.
- Pierce County AIDS Foundation was granted \$200.00 for general agency support.
- Tacoma Branch of the Salvation Army received \$200.00 to be used for their feeding programs.
- Tacoma College Ministry was granted \$250.00 for general agency support.
- Tacoma Power's Low Income Assistance Fund receiver \$300.00
- Joint Base Lewis-McChord Air Terminal USO received \$500.00 for food and beverage purchase to be used at the deployment center.

Update on Youth Water Project—by *Sunshine DeGennaro, Youth Director*

Last Spring the youth discussed ways to support clean water on a global scale. We learned that nearly 1,000 children under age 5 die every day from diarrhea caused by contaminated water, poor sanitation, and improper hygiene. This number is unacceptable and we believe that we can help in a small way by supporting World Vision's Clean Water Project (WASH). By providing safe drinking water, good hygiene and sanitation facilities such as hand washing stations and latrines, preventable child deaths are cut up to 57%. Chronic malnutrition decreases by 40% along with a decrease of 50% in school absenteeism among girls. These are not perfect but definitely going in the right direction! More about World Vision's program at www.worldvision.org/our-work/clean-water

We chose to raise money by selling Brown Bear Car Wash tickets with all proceeds going to World Vision.

Brown Bear was chosen so we could raise money and not pollute our own Puget Sound area with a traditional car wash. We will be taking orders for carwash tickets through **Saturday, December 10th**. The tickets are \$7 each. Four tickets are \$27 (.25 discount per ticket) and ten tickets are \$65 (.50 discount per ticket). You are welcome to purchase any amount. The tickets will expire one year from print-date. You can pay for the tickets when you receive them.

Huge thanks for those of you who have been able to support us thus far in our sale. Tickets will be available for preorder after services on November 30th and December 4th. You are also welcome to e-mail me your order. Please let me know your full name and contact information along with how many tickets you would like.



St. Andrew's and Temple Beth El Youth Groups sorting food for our shared Jackson Street Food Bank

Thoughts on the 106th Diocesan Convention

The following are some thoughts about the 106th Diocesan Convention from some of our delegates:

Matthew Moravec--At the diocesan convention I was encouraged by the activity and vitality of the church. Our usual experience of church is our own congregation and its ministry, but the convention was a witness that Christ is at work through his church across all of western Washington. We heard reports of the ministries of different churches and diocesan initiatives, and the preaching of two ELCA bishops served to remind us all that our whole diocese is still just a little piece of all that God is doing here.

Reberta Skinner--I enjoyed the presentation of both Lutheran Bishops, especially these words from Bishop Unti's; "I served a church for thirty-three years in which the classic picture of Jesus knocking on the huge wooden door of the church hung in our Narthex. North Americans see the picture and understand that Jesus wants to come in. But that is not the intent of Jesus. Jesus is knocking on the door of the church and asking, "Are you ever going to come out?" Being sent is an essential ingredient of faith. We only grow as people when we push out of our comfort zone."

Bishop Jaech spoke about the yearlong Lutheran commemoration of the 500 anniversary of the Protestant Reformation.

Bishop Rickel's address: "Your Kingdom Come" outlined a new vision for the future of our diocese. (You can read this at www.ecww.org.) The take away from Bishop Rickel's address "Your Kingdom Come is a prayer, a plea, a challenge, and a call for, and on, all of us."

2016 convention had a slightly different approach this year: starting time on Friday was a few hours later, saving those that travel from a distance the need to arrive the night before, a cost saving factor.

There were several workshops before the business portion of convention available if you wished to participate, I attended two— both were very interesting and effectively presented .

During the breaks we had an opportunity to visit the various Diocesan Ministries, shop at vendors such as Cathedral book store or chat with friends.

The convention helps me to grow in knowledge and faith of the larger church outside the doors of St Andrew's, an opportunity I hope you'll consider in the future.

Virginia Gaub-- Convention 2016 was my 3rd Diocesan Convention (one year as alternate and two as delegate). This has been a very positive experience for me. (Fortunately) there was very little controversial business to discuss so the business portions of Convention went pretty smoothly. The worship was glorious. Imagine having 300 or so worshippers singing , praising and praying in harmony! This year was a little different in that the two Lutheran Bishops from Western Washington were with us. You can see their messages on the Diocesan website. Many people were commended for generous ministries during the last year or during their lifetime. A Deacon, representing the Standing Rock Sioux, spoke to us and gave us an update (as of that time) on the situation between the Native people and the Pipeline project. In 2017 the convention will be October 27-28 at the Hilton Vancouver Washington.

Continued on next page

Thoughts on convention continued

Linda Brice- Among some of the convention highlights for me were:

- An update about the issues surrounding the Standing Rock protest given by the Rev. Deacon Brandon Mauai from the Diocese of North Dakota. Did you know this pipeline was moved away from Bismarck because of the fear of water contamination in a more populated area and moved closer to Standing Rock?
- A video shown about the Southern Social Justice Experience Part II and its impact on those who attended. This will be offered again in June to Youth grades 9-12, and graduating seniors.
- A new vision for the diocese was shared by Bishop Rickel . His vision centers around 3 points:
 - Congregationally centered
 - Pastorally interconnected
 - Sacramentally formed for service to the world
- Music from The Traveling Day Society, Susan Bloomfield, Emmanuel Mercer Island and The Evergreen Brass quintet.

Of course my favorite part of the convention is seeing old friends and making new ones. If you have never attended the convention you would be surprised. It is not all drudgery and parliamentary procedure—there are a few moments of each—but it is more about how the Holy Spirit is moving in and among the diocese and the joy it brings when shared with others. So...come and see...be a delegate, an alternate or a guest next year. The convention next year will be held October 28-29 in Vancouver Washington—a road trip!

Jackson Street Food Bank needs YOU!

The food bank is a community effort and we find we need some specific help. We have a group that comes to set up in the morning (8 am to 10 am) and that is working well. We have volunteers that come around 4pm to help with final set up and distribution from 5 pm to 7 pm close. What we need is fresh energy- specifically a couple of people who can come in at 6:15 pm to help clean up and put the room back to regular set up. It would take about an hour to finish and would be so helpful to the workers who have been there already for 2 – 3 hours. Please talk to Ed Wolfer , Sunshine DeGennero or Virginia Gaub if you would be able to help out with this time period.

December Blood Drive—by Susie Cameron

The next **BLOOD DRIVE** is on Sunday, December 4th at The Temple Beth-El. I'm accepting reservations for appointments AND 'walk-in' list (aka "Stand-by") now. Call or text me to sign up.

Days for Girls International—by Virginia Gaub

Do you have a sewing machine that gets little use lately? Or maybe a Serger that you no longer use? Would you like to reach out and help an international organization that helps young girls and women? I am going to start to work on a project with DAYS FOR GIRLS INTERNATIONAL. <http://www.daysforgirls.org/dfg-global-alliance>

What is that you might ask? From their website:

“VISION... Every girl and woman in the world with ready access to quality sustainable hygiene products and health education by 2022.

MISSION: Days for Girls International is a grassroots 501(c)3 non-profit creating a more dignified, humane and sustainable world for girls through advocacy, reproductive health awareness, education and sustainable feminine hygiene -- because no girl should go without. Women and girls discover their potential and self-value, are equal participants and agents of social change and are given opportunities to thrive, grow and contribute to their community's betterment while ensuring quality sustainable feminine hygiene. Tens of thousands of volunteers and important Alliance partners work together to ensure access to culturally, physically and environmentally (appropriate) hygiene solutions around the globe.”

What that boils down to in a project is sustainable, washable, reusable feminine hygiene product kits that allow a young girl to attend school every day of the school year and for women to attend to life in their village without shame. I have a sample kit and have found a group of ladies in Tacoma/University Place who are already involved in this project; thus we do not need to form our own group and would also have contacts outside of St. Andrew's for service to the world wide community. More information will be coming in the next few months, but if it sounds like something you would like to be involved with, please talk to me.

By popular request:

Butternut/Kabocha Squash Soup

(Serves 4-6 bowls)

- 1 small butternut squash (cut in 2 and seeds removed)
- 1 small kabocha squash (cut in 2 and seeds removed)
- 1 medium white onion finely diced
- 3-4 clove garlic
- 1 – 1” piece of turmeric root (micro planed or grated) or ½” ginger - grated
- 3 table spoons coconut oil (melted)
- 2 cans vegetable or chicken broth
- 1 can coconut milk
- Salt and pepper (to taste)

1. Heat the oven to 400°F and arrange a rack in the middle. Line a baking sheet with aluminum foil. Place the squash pieces cut-side up on the baking sheet.

Brush the squash, the tops and insides, with 1 table spoon oil and season generously with salt and pepper and roast until knife tender, 50 minutes to 1 hour.

2. Meanwhile, heat the remaining 2 tablespoons of oil in a large saucepan or Dutch oven over medium heat. Add onion and garlic and cook, stir occasionally, until softened, about 7 minutes. Remove from the heat and set aside.

3. When the squash is cool enough to handle, use a large spoon, scoop the flesh into the blender, along with the softened onion. Add 1 can of vegetable or chicken broth and blend until smooth. Pour all into Dutch oven.

4. Repeat with remaining squash and one can of coconut milk in blender. Add salt, pepper, and grated ginger or turmeric root, and stir to combine. Bring to a boil over medium-low heat. Continue simmer over low heat, stirring occasionally, until the flavors meld, about 20 - 30 minutes.

(The above is the vegetable/vegan version.) Use butter instead of coconut oil and use ¾ cup of half & half or cream instead of coconut milk) Serve with one tablespoon of sour cream per serving..

December 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7pm Glory and Praise Choir	2 10am-Noon Roads Scholar Meeting	3 7am SA Meeting 8am Phoenix Housing Arrives 9:30-Noon St. Andrew's Advent Quiet Day
4 Advent Two 8/10 Holy Eucharist 8:45am Parish Nurse on Duty 9:15am-12:15pm Blood Drive at Tem-	5 1pm Bible Study 8pm Men's Al-Anon	6 10:30am AA NO AA Today	7 Noon Eucharist	8 7pm Choir	9 10am Weaver's Guild	10 7am SA Meeting 8am Phoenix Housing Departs
11 Advent Three 8/10 Holy Eucharist	12 1pm Bible Study 6:30pm Alzheimer Support Group 8pm Men's Al-Anon	13 10:30am AA 7:45pm AA	14 Noon Eucharist 7pm Vestry	15 7pm Choir	16	17 7am SA Meeting
18 Advent Four 8/10 Holy Eucharist 8:45am Parish Nurse on Duty 11:30am Greening of the Church	19 NO Bible Study 8pm Men's Al-Anon	20 10:30am AA 7:45pm AA	21 Noon Eucharist	22 7pm Choir	23	24 7am SA Meeting 4:30pm Family Christmas Service 9:30pm Traditional Christmas Service
25 Christmas Day 8/10 Eucharist	26 1pm Bible Study 8pm Men's Al-Anon	27 10:30am AA 7:45pm AA	28 Noon Eucharist 5-7:15pm Youth Group 5-7pm Jackson Street Food Bank	29	30	31 7am SA Meeting

December Birthdays

2	Mary Long Hayley Adams
4	Tom Egnew
6	Margaret Moravec
7	Hieu Egnew
8	Steve Parsons
11	Gretchen Liebenberg
16	Kyle Girard Judi Schlieve
20	Riley Girard
25	Noel Shillito
27	Janet Taft



November Anniversaries

12-18-65	Steven & Virginia Gaub
12-17-70	Stan & Gretchen Liebenberg

NOTICE FOR PERMISSION TO PUBLISH PHOTOS

As we have several people taking photos of various services and events around the church, we would like to provide notice that these photos may be used for online promotion of St. Andrew's. If you **DO NOT** want the photo of you or your child published on the internet, please let the office know. We will keep a list in the office files of those who **OPT OUT of photo publishing** and will make every effort to comply with your wish. We do not plan to identify the people in the photos unless we get specific permission for that instance. We have put a video, made during our capital campaign, on Youtube with a link to the website. If you wish to have your photo removed from the video please let us know. If you are OK with photos being placed on bulletin boards inside the building but do not want them on the internet, please inform us of that also.. Thank you for your attention to this information.

ADDRESS CHANGES AND ADDITIONS

Deacon Jean Carmichael—new address, at Patriots Landing

Sandy Dick—new email

Annika Jeffers—new address

Madaline DeSmet—new email

Please contact the Church Office for details

* **St. Andrew's Episcopal Church**

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St. Andrew's

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to know Christ and to make Christ known.

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