



July-August 2017



St. Andrew's Episcopal Church

# The Tartan

## A Message to the Parish

by Fr. Martin Yabroff



For thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and trust shall be your strength.

--- Isaiah 30:15

Dear Friends,

This is our July/August issue of the Tartan, in which we review the many activities of our parish and also remind one another to enjoy some time for rest and reflection. Summer can be a time for travel, for vacation excursions, for chores and projects we have put off until now. But in addition to such activities (and that includes the several Summer activities of St. Andrew's in July and August), or better – through these Summer things – let us remember God's blessings and grace to us all. The beauty of Creation, the opportunity to enjoy time outdoors or away from work, being present with friends and family – these are ways that we may find rest and renewal for the living of our days. Let us remember God with us, the companionship of Jesus in whom we are set free, and the Holy Spirit moving in our hearts and our midst. Take time to pause and breathe, to marvel at beauty, to express your love and care for one another and for the strangers in our midst.

**This July we welcome the Reverend Meghan Mullarkey** as our new Curate (assisting priest) here at St. Andrew's! Meghan was ordained to the Priesthood on June 20 of this year and will serve at St. Andrew's half-time – Sundays, Wednesdays (until 2pm) and some other times to be announced. We will have a **Potluck Supper on Friday, July 7 at 6 pm** to welcome her, her husband Luke, and their infant daughter Cassie.

St. Andrew's will host the **Family Housing Network downstairs in Puddicombe Hall July 15 to 22**. 3-5 homeless families will stay with us, and we will share dinner each evening and provide items for a simple breakfast. Families are especially invited to participate and to share some activities with any children present (our V.B.S. project this year). Please contact our coordinator Christine Lange to sign up or for more information.

St. Andrew's will this year join with Christ Church, Tacoma and St. Matthew's, Tacoma in having a booth at **Tacoma Pride Festival**. This annual LGBTQA Pride celebration is a street-festival that will take place on S 9th and Pacific Avenue, **Saturday, July 8, 2017 at 12 – 5 PM**. Tacoma Pride is a family-friendly event that features over 100 street-side vendors, live performances by musicians, cirque performers, as well as guest speakers and dignitaries.

**St. Andrew's Camp-out will be August 11-13** at Manchester State Park in Port Orchard. You can camp for the weekend or just come for the day (potluck and bonfire Sat. night!) More details are available on Sundays or contact Colin McDaniel.

**Sunday August 20 is Baseball at the Rainiers**. See Ken Rhodes for tickets (\$10).

I will be on vacation August 11 until the 28<sup>th</sup>, including some camping at Yosemite in California.

Finally, returning to the theme of Sabbath and Summertime, I would like to commend to you the following by Donna Schaper (a U.C.C. pastor, wife, mother of 3, author and church executive) :

*Sabbath is a way of living, not a thing to have or a list to complete. By observing it we become people who both work and rest, and who know why, when, and how we do either. We also recognize the occasions on which we do both at the same time. We know*

Continued on page 2

*how to pray, how to be still, how to do nothing. Sabbath people know that "our" time is really God's time, and we are invited to live in it. We are living our eternity now – this Tuesday and Wednesday, this Saturday and Sunday.*

*When we keep Sabbath, we pay attention to God's invitation. We separate time into parts precisely to hold time together. ... Sacred time is not when we get our work done but all time, which we keep and honor by Sabbath living. We dishonor time by not taking our time. Not to keep Sabbath is like receiving a beautiful gift and forgetting to say thank you. It is like staring at a banquet and complaining that there is nothing good to eat. (Sabbath Keeping, p. 8)*

I commend these words to you wherever you are finding yourselves this summer, and I may all 'take our time' with these Summer months and enjoy living in it with gratitude and trust in God. May we grow in recognizing the holiness of all times and places, for God is with us always and everywhere.

Meanwhile, dear friends, when you are in town, I look for you to share in Summer worship. Our Sunday services continue through the Summer as the heart of our mission and our life together in community.

May God's peace, which passes all our understanding, be with us all.

*Yours in Christ,*

*Martin+*

## **St. Andrew's Columbarium Art**—by Margo Fleshman

When our columbarium was renovated in the course of installing our new elevator, a wall and special lighting was designed for a piece of art to be commissioned to enhance this special space. Last December, Fr. Martin appointed a Columbarium Art Committee (Margo Fleshman - chair, Bill Howe, Virginia Rothenberg, Linda Brice, Martin Yabroff). After an invitation to area artists to submit proposals, the committee reviewed the work and proposals of 6 artists for an art installation, interviewed two in person, and chose one artist. After receiving the endorsement of the Columbarium and Memorial Committees, the Committee presented their recommendations to the Vestry.

In June, the Vestry approved the selection of Jean Tudor for this project and approved a budget of up to \$7500. Members and friends of St. Andrew's will be given an opportunity to contribute towards this art project. Funds from the Memorial Fund are also available.

The chosen artist is Jean Tudor, a nationally known enamellist, and the sister of Peggy Nelson and Don Cameron, whose parents are in the Columbarium. The committee was unanimous in its decision and is looking forward to working with Jean in the coming months.

## **For it's One, Two, Three strikes you're Out at the Ole....**

What could be better than a summer day with sunshine, friends, and cold beer? Why it's all the above and add a professional baseball game to boot!

Join us **Sunday, August 20 for 1:30 game** with the Tacoma Rainiers versus El Paso. All your friends will be there.

For the amazing price of \$10, you get a reserved seat behind home plate, a hot dog, chips, and bottled water. It's the best entertainment value in the whole Puget Sound. (Have you been to the movies lately? Or a concert?)

Tickets will be available in mid July from Ken Rhodes. This will be our fifth or sixth annual event. Come join us!



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## ***Vestry Viewpoint***—by Kristen Ruscio

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WWJD?? Do you all remember when the phrase, “What would Jesus do?” became very popular among Christian youth in the 1990s? The idea of wearing a bracelet as a reminder to oneself and to others to practice the love of Jesus in our daily lives became a world-wide practice. I find myself believing this type of public act of demonstrating Jesus’s love to be of particular importance in our current political climate. On any given day I can overhear a conversation with “the liberals this” or “the conservatives that”; “the republicans are to blame” or “the democrats are to blame”; “Obama should have done more” or “Trump should be doing more.” Much like Don talked about in last month’s Tartan, I notice we all have a tendency to jump into the conversation, mostly by trying to get our side across, telling the person why our view is right and their belief is wrong, and this spans many topics beyond politics.

As a clinical psychologist, I am fascinated by and study human behavior and the development of beliefs. For all of us, our beliefs are influenced by a plethora of factors: how we were raised, our religious background, specific life experiences, different forms of education, etc. What makes my experiences better or worse than anyone else’s, more right or more wrong than anyone else’s? Thankfully we don’t all need to spend years studying psychology to understand this because Jesus gives us this message over and over throughout the bible. Jesus tells his disciples that the second great commandment is ‘*You shall love your neighbor as yourself*’ (Matthew 22:39). I believe taking some time to be silent, as Don mentioned last month, and to listen to the ‘why’ behind someone’s views, can be the type of public acts that demonstrate our belief in the second great commandment.

Over the next month I challenge each of us to reach out to our version of the tax collector or of the sinful woman and try to listen for the ‘why’ behind their beliefs. Maybe it’s someone with a different religious faith than our own, different gender-identity, ethnicity, or race. Maybe it’s someone with seemingly opposite political views, or that one person at work who gets under our skin. Consider how we can use silence to learn and better understand ALL of our neighbors. WWJD?

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## ***Parish Campout***—by Colin McDaniel

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This year's parish campout will be at Manchester State Park, in Port Orchard, on August 11-13. The park is shaded by tall trees and cooled by sea breezes off of Rich Passage. There are trails to hike, the remains of historic battlements to explore, and a launching site for canoes and kayaks. Please make an individual reservation for your campsite for all or part of that weekend. Campsite #36 (the McDaniels) will serve as the main hub. Bring your guitar, songs, and games to share. There will be an activity Friday night, a potluck dinner with campfire sing-along on Saturday, and a lay-led Morning Prayer service on Sunday. If you are not able to spend the night at the park, you are welcome to drive up and join us for any activity (Discover Pass required). Contact Colin McDaniel for more information.

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## ***Tuesday in the park***

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With the weather getting better every day, let's get outside and enjoy the beautiful world around us. Please join us July 11, 2017 at 11:30 am for fellowship and lunch at Sunset Terrace Park on 19th & Seaview. All are welcome. Invite a friend or neighbor. Come, share, laugh, and connect with each other in a relaxed and casual way. Bring a dish to share. Plates, silverware, and napkins will be provided. For questions or more information please see Reberta Skinner or Mary Boyce.

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## ***What's in a Name?***—by *The Rev. Meghan Mullarkey*

Leading up to my ordination, several people have asked me what my title will be or what I would like to be called. I have been surprised to discover that this is not an easy question to answer! While my (Irish) Catholic father has insisted on calling me Father Mullarkey, I have realized that I needed to do some research and spend some time thinking about titles.

Throughout time and tradition titles for priests have changed. According to some research that I did, the title of Father was not really used to refer to priests in the United States until the influx of Irish Catholics came to the States in the 1840's. Before the 1840's, Catholic priests were referred to as Mister. So I guess, in that regard, my dad's ease and insistence on the title of Father makes more sense. The title Father is deeply rooted in the Irish Catholic tradition.

I thought as a community we could take some time to reflect on why we use titles and what they mean to us. My time here at St. Andrew's, as your curate, will be a time of exploration and growth for me as I live into this new identity as priest. My hope is, as I am discovering my role as priest, that I can open up space for this community to wrestle with your own identity and the role of church and priest in your own life.

So what's in a name anyway? I believe titles are a sign of respect and a reminder of the authority a position holds. As a priest, I have been set apart to play a particular role in the life of the church and now in the St. Andrew's community. A particular title can be a helpful reminder of this role. However, for others a title may feel stuffy or put unnecessary walls up. So I want to ask you to call me what makes me accessible to you as your priest. For some, it will be a title and for others it will not. But I ask that you would be intentional in your decision. The options as I understand them are - Mother Meghan, Pastor Meghan, or just my name. I am fine being called any of the above. And if you have another title that you know of that you want to explore addressing me as, let's talk about it.

As your priest, I look forward to walking alongside each of you in your spiritual journeys.

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## ***Tacoma Pride July 9th***—by *Kristen Ruscio*

Gay Pride parades originated in NYC in 1970 as a formalized peaceful march to demonstrate a need for LGBT civil rights. This first event, called Christopher Street Liberation Day, occurred one year after protests and riots in NYC following a police raid of a known gay bar. The march was to remember the liberation of the LGBT community after the raid and to continue advocating for their civil rights. Today, Gay Pride events of all kinds can be found throughout the country, and they now represent a celebration of the LGBT community, as well as political and social demonstrations.

Tacoma Pride is a family-friendly festival held on July 8<sup>th</sup> from noon to 5pm. The event features over 100 street-side vendors, live musical performances, cirque performers, vaudeville and drag acts, as well as guest speakers and dignitaries. The event is located on Pacific Avenue between S 7<sup>th</sup> and S 9<sup>th</sup>.

This year, St. Andrew's is pairing up with St. Matthew's and Christ Church, Tacoma to host a booth at the festival. This event will be a great opportunity for St. Andrew's to be visible in the community and to demonstrate how special of a congregation St. Andrew's represents. If anyone is interested in helping out at the booth for an hour or helping with set-up or take down, please contact Kristen Ruscio.

## **BOYB In Tacoma (Bring your own Bag)**—by Virginia Gaub

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On July 12<sup>th</sup>, BYOB will take on a new meaning for shoppers in Tacoma. The City Council has passed the Bring Your Own Bag ordinance effective July 12, 2017. I know most of us already use a reusable bag for our shopping but as of July 12 it will be enforced by the merchants. What happens if you do not have your own bag? There are a couple options...1.You can hand carry your purchases. 2. If you don't want to be juggle your cereal, toilet paper, paper towels and toothpaste freestyle to your car, you can request a bag made of recycled paper or a reusable checkout bag. These bags also come with a charge of at least five cents per bag. (The store keeps that fee). There are a few exceptions to the ordinance: Produce bags used for meat and bulk items in the store; dry-cleaning bags and pet-waste bags, among others. Bags provided for takeout food and liquids for consumption away from premises.

Some ideas, to help form new habits, [presented in an article in the News Tribune]:

- Keep your reusable bags by your door at home or in the passenger compartment of your vehicle so you don't forget them on shopping trips.
- Make "bring shopping bags" the first item on your shopping list.
- Add a sticky note to your dashboard to remind you to bring along bags.
- Find ways at home to rid yourself of plastic bags. {the food bank can use any you want to get out of the house}

"Try packing lunch in a reusable bag, go without a bin liner for your small trash bins and look for pet-waste-specific bags in grocery stores or in city parks." More information is available at [cityoftacoma.org/shoppingbags](http://cityoftacoma.org/shoppingbags) or by calling the city's information line at 311 within the city limits.

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## **JACKSON STREET FOOD BANK**—by Virginia Gaub

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Jackson Street Food bank which is housed at St. Andrew's is joint mission with Temple Beth El (on 12<sup>th</sup> Street close to Pearl). We have been in business for over 15 years and currently serve between 85 and 90 families (about 400 people) each month on the LAST WEDNESDAY of each month. We are part of Nourish Pierce County (formerly known as FISH food network). We are able to purchase food through the Network and we also receive Free food through Emergency Food Network /Northwest Harvest.

With cash donations we shop very carefully for the best prices for items that are not available through the Nourish Pierce County buying sources. We concentrate our purchasing power on protein items, ( peanut butter, tuna fish, eggs and dry milk). We do NOT use donated cash to purchase household products but do welcome donations of those products, such as shampoo, laundry and dish soap, toilet tissue, feminine hygiene products and baby products. Product donations can be place in the trunk in the hallway by the church nursery and cash donations can be sent to: Nourish Pierce county 1702 S. 72<sup>nd</sup> St. Ste E Tacoma, WA 98408-1238

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## 2017 St. Andrew's Scholarship Recipients



Mikaela Guimaraes and family  
and Ann Morgan



Ed, Matt, Elise and Cyndi Wolfer



Colin, Joanna and Christy McDaniel



John, Helen, Andrew and Shelby Hickman



Charles A. Bonet  
Bachelor of Arts: History: European History  
Magna Cum Laude



Bill Brice, Abigael Wilhite, Linda Brice and Laura Wilhite



Joan Halley, Tom Egnew and Halley Egnew



Don and Derek Ramage



Ingrid, Greg and Nikolas Gaub



Benner, Holli and Meg Greer

*Also receiving a Scholarship is Mitch Greer.*



Maggie Burdick

# July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7am SA Meeting
2 8/10 Holy Eucharist	3  8pm Men's Al-Anon	4 Office Closed 10:30am AA  7:45pm AA	5 Noon Eucharist	6	7  7pm Welcoming Potluck for Meghan and family	8 7am SA Meeting
9 8/10 Holy Eucharist  8:45-9:45am Parish Nurse on Duty	10  8pm Men's Al-Anon	11 10:30am AA  Noon—Parish Potluck Lunch  7:45pm AA	12 Noon Eucharist  1pm Finance	13	14	15 7am SA Meeting  Phoenix Housing Arrives
16 8/10 Holy Eucharist	17  8pm Men's Al-Anon	18 10:30am AA  7pm Vestry 7:45pm AA	19 Noon Eucharist  3-7pm Days for Girls 7pm Celtic Faire Meeting	20	21	22 7am SA Meeting  Phoenix Housing Departs  9am-1pm Secretariat
23 8/10 Holy Eucharist  11:15am Outreach Committee  11:30am Daughters of the King Study	24  8pm Men's Al-Anon	25 10:30am AA  7:45pm AA	26 Noon Eucharist  5-7:15pm Youth Group  5-7pm Jackson Street Food Bank	27	28	29 7am SA Meeting  10am-3pm Cursillo Team Meeting
30	31  8pm Men's Al-Anon					

# August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Noon Eucharist	3	4	5 7am SA Meeting
6 8/10 Holy Eucharist	7  8pm Men's Al-Anon	8 10:30am AA  7:45pm AA	9 1pm Finance	10	11 Parish Campout at Manchester State Park until 8/13	12 7am SA Meeting 9am-3pm Christ Church Vestry meeting in Puddicombe Hall
13 8/10 Holy Eucharist  Blood Drive  8:45-9:45am Parish Nurse on Duty	14  8pm Men's Al-Anon	15 10:30am AA  7pm Vestry 7:45pm AA	16 Noon Eucharist  3-7pm Days for Girls	17	18	19 7am SA Meeting  10am-3pm Cursillo
20 8/10 Holy Eucharist  1:30pm St. Andrew's Baseball at Cheney Stadium	21  8pm Men's Al-Anon	22 7:45pm AA	23 Noon Eucharist	24 9am-3pm Associated Ministries Meeting	25	26 7am SA Meeting 9am-1pm Secretariat Meeting
27 8/10 Holy Eucharist	28  8pm Men's Al-Anon	29 10:30am AA  7:45pm AA	30 Noon Eucharist  5-7:15pm Youth Group  5-7pm Jackson Street Food Bank	31		

## **July 7th Potluck**

You have seen mention in this issue and previous issues that we are welcoming a new clergy to the staff at St. Andrew's. Her name is The Rev. Meghan Mullarkey. Beginning July 1<sup>st</sup> she will be serving with us on a half-time basis. Please read the other articles to learn more about her history. To help her get to know us and us get to know her, we are holding an All Parish Potluck on FRIDAY JULY 7<sup>TH</sup> at 6:00pm. Please plan to attend. There is a sign up for numbers only but if you did not have a chance to sign up PLEASE COME ANYWAY. It is a "free style or Open" Potluck .. which means no menu planning . Please bring whatever dish you would like to share. And if you cannot bring any food to share, PLEASE come to share in the fellowship of the evening. The church will provide the table ware and beverages, (coffee, tea and ice water).

## **Food Safety and Reusable Grocery Bags**—by Cyndi Wolfer, RN, MSN, Parish Nurse

On July 12, 2017 the bring your own bag ordinance goes into effect in Tacoma which bans plastic carryout bags at retail establishments and charges a minimum of five cents for paper bags and other carryout bags which may be sold at checkout stands. While this will do a lot to help the environment and cut down on plastic bags littering our streets and water ways, the reusable bags we use are only as clean as what we put in them. The fabric and materials in the bags can become contaminated with germs and if stored in your car or trunk, which is dark and warm, the perfect growing environment for germs is created. To keep reusable bags clean, the Tacoma Pierce County Health Department recommends the following

Wrap raw meats in a plastic bag provided by the store (at no cost) in the meat department and throw the bag away once the meat is unpacked

Wash cloth bags once a week in hot water with detergent and dry in the dryer

Clean plastic reusable bags with hot water and soap and allow to air dry before storing

To help remember to bring your own bag, place a 'grab your bags" sticky note on the dash, steering wheel or door handle of your car. You could also put "bring your bag" at the top of your shopping list. Small clean foldable bags can be put in your purse, back pack or attached to your key chain.

These simple steps can not only help the environment but also help keep you and your family safe from harmful bacteria. For more information visit [cityoftacoma.org/shoppingbags](http://cityoftacoma.org/shoppingbags)

## **Women in the Bible – a Summer Bible Study**—by Pam Tinsley

When you think of courageous leaders in the Bible, who comes to mind? Deborah, who led Israel to victory over the Canaanites, or Jael whose actions brought an end to 20 years of oppression? What about Ruth? and Rahab? Did you know that their names appear in the genealogy of Jesus?

Join facilitator Pam Tinsley and the Daughters of the King this summer as we explore in two sessions, "Women of Courage" and "Women Whose Names Appear in the Genealogy of Jesus." We will hear about their stories of faith and talk about how their stories – and lives – are relevant to ours today.

The Daughters of the King will offer this study on Sunday, July 23 and Sunday, August 13 from 11:30 to 12:30 in the Georgie Chapel.

We will be reading excerpts from the book *Women of the Bible* to introduce us to these remarkable women. This book is available for less than \$10. For information regarding its purchase, please contact April Wallace or Pam Tinsley.

## July Birthdays

3	Michael Dick
4	Dominic Johnston
8	Susie Cameron Tom Rowe
11	Judy White Dennis Kerr
16	Kiera Beckham
19	Michael Taft
20	Dave Tinsley
21	Bill Brice Beth Broadhead
22	Tom Baker Maggie Burdick
28	Sarah Broadhead
29	John Hickman
30	Molly Strausbaugh

## August Birthdays

1	Michael Dick
2	Theresa DeGennaro
4	Fran Christianson Wynn Hoffman Grace Beckham
7	Don Bishop
8	Vera Heritage
9	Sunshine DeGennaro
12	Emily Yabroff Bradley
15	Cynthia Johnston
17	Derek Ramage
18	Don Ramage Joanne Ames
25	Thomas Yabroff
28	Margie Hoffman
30	Alex Yabroff
31	Martin Yabroff



## July Anniversaries

7-9-1966	Dave and Sue Lester
7-29-2010	Tony and Dianne Stefanko

## August Anniversaries

8-3-1991	Brian and Karen Burdick
8-3-1980	Dave and Pam Tinsley
8-5	Tom and Marilyn Baker
8-16-2008	Matthew & Margaret Moravec
8-17-2003	Wayne and Patty Mannie
8-21-1971	Bill and Jean Lubken
8-28-1968	Tom and Mary Lowenberg

### **ADDRESS CHANGES AND CORRECTIONS**

**Contact the Church Office  
for details**

Lynn Nelson—new address/phone

Lange, Christine—Cell phone number  
(best contact for her)

\* **St. Andrew's Episcopal Church**

7410 South 12th Street  
Tacoma, WA 98465

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**U.S. Postage**  
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## **ELECTRONIC SERVICE REQUESTED**



**St. Andrew's**

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The Mission of St. Andrew's Episcopal Church is  
to know Christ and to make Christ known.

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Fax: 253-564-2961

Email: [saintandrews@net-venture.com](mailto:saintandrews@net-venture.com)

Rector: Fr. Martin Yabroff — Email: [yabroff@net-venture.com](mailto:yabroff@net-venture.com)

### **Vestry Members**

Virginia Gaub  
Colin McDaniel, Senior Warden  
Liz Herriges, Clerk of the Vestry  
Don Ramage  
Pam Rhodes  
Chuck Roberts  
Susan Rowe, Junior Warden  
Kristen Ruscio  
Kristina Younger

### **Finance Ministry**

Bill Brice, Treasurer  
Beth Rich, Bookkeeper

### **Clergy**

The Rt. Rev. Dr. Gregory Rickel, Bishop  
The Rev. Martin Yabroff, Rector  
The Rev. Edward A. Sterling, Associate  
The Rev. Meghan Mullarkey, Associate  
The Rev. Peggy Schnack, Deacon

### **Staff**

Linda Brice, Parish Secretary  
Naomi Shiga, Organist & Choir Director  
Sunshine DeGennaro, Youth Pastor  
Matthew Moravec, Sunday School  
Administrator  
Pam Tinsley, Ministry Coordinator

### **Tartan Editor**

Linda Brice

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