



March 2016



St. Andrew's Episcopal Church

The Tartan

A Message to the Parish

by Fr. Martin Yabroff



Dear Friends,

We have begun the holy season of Lent, a time for self-examination, spiritual refreshment and renewal. The word 'Lent' comes from the old English for Spring and the 'lengthening' of the daytime. We shake off the dust and gloom of Winter and air out our souls in preparation for the joy of Easter.

I love Eucharistic Prayer C, which we are using here at St. Andrew's during Lent, especially the words:

Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
(BCP p. 372, emphasis added)

This prayer and this season look forward to the living and serving to come. It is a prayer and a time for renewal.

Speaking of renewal, our Vestry has agreed that I may take a three month sabbatical this Spring: May, June and July, for the purpose of renewal as your rector. In April, I will have been here at St. Andrew's for 9 years. (I am shocked at this – it doesn't seem that long.) My "Letter of Agreement" calls for a 3 month sabbatical every 5 years. I am looking forward to this time for refreshment and spiritual renewal because I am looking forward to continuing to serve here at St. Andrew's as your priest and pastor for many more years, God willing.

A sabbatical is a practice associated with clergy and with academia but may be unfamiliar to many. The Bible speaks of Sabbath as a time for rest and reflection, in rhythm with work, as elements of vital and continually renewed living. M. Scott Peck in his book Seven Habits of Highly Effective People speaks of sharpening one's saw. If you keep sawing wood, working continually, without taking time regularly to stop and sharpen your saw, then the saw will get dull and your work will be less and less effective. A sabbatical is not just time off but time for sharpening and renewal so that one can continue ministry faithfully, effectively and for a good time to come.

Most careers and employments do not offer sabbaticals, and that is unfortunate. Academic sabbaticals differ in the expectation that the

Continued on page 2

professor or teacher should study or produce something to advance the school's mission, such as conducting research or writing a book. The church does not expect a product from clergy sabbaticals but rather spiritual and personal renewal – for both priest and congregation – so that fruitful and vital ministry may continue into the future.

I have been reflecting with our Wardens and Vestry about my goals and hopes for this sabbatical time which you as a congregation are offering me, and for which I am very thankful. This sabbatical comes at several thresholds for me: 30 years of priesthood, 9 years at St. Andrew's, 35 years of marriage, our 6th and last child graduating from college, being almost 60 and looking forward to another 10 years of parish ministry.

My plans relate to several areas of my vocation and ministry and several of these thresholds. In May (leaving April 28), Eve and I will go to Italy for the 17 day Rick Steves' "Best of Italy" tour. After a few days in Austria on our own, we will fly to the East Coast to see our son Thomas graduate from Yale on May 22-23. We will then return to Gig Harbor where during June and July I hope to read and study and reflect on my vocation over the past 3 decades and into the future. I hope to make a couple of retreats, perhaps to Snowmass, Colorado, for a Centering Prayer intensive retreat and to the New Camaldoli Hermitage in Big Sur, California. I also hope to spend time with some of the mentors who have been part of my spiritual journey over the years. During all this time, I will be praying for St. Andrew's and seeking God's vision for our ministries together in the coming years.

Last year, Colin McDaniel, Susan Rowe and others worked with me to apply for a Lilly Foundation grant to fund these activities (plus a return study trip to Israel) and to bring a half time priest to St. Andrew's. We were not successful in this (only 1 out of 4 applications were funded last year.) Bishop Rickel is providing some funds to help with our Italy trip, for which we are very thankful. And we appreciate St. Andrew's continuing compensation during this sabbatical time. St. Andrew's has for years been setting aside \$50/month in a Sabbatical Fund. This will pay a priest to serve here on Sundays and Wednesdays for services and to be available for staff and pastoral needs.

The Wardens (Tim Lowenberg and Susan Rowe from 2015 and Terry Bonet as Senior Warden in 2016, the Jr. Warden not yet having been chosen) and I have asked the Reverend Dr. Judith McDaniel to serve at St Andrew's while I am away, assisted by Fr. Ed and Mother Carola. Mother Judith served as rector at St. John's, Gig Harbor before going to Virginia Theological Seminary in 1990 as a professor of preaching. She and her husband Jack then retired to Bainbridge Island. Her son is Colin McDaniel of our parish and Vestry. More information about Judith will be presented in the April Tartan.

I pray that this sabbatical season will be a spiritually renewing and fruitful time for both me and our congregation. You have strong and faithful leaders in Senior Warden Terry Bonet, Junior Warden Pam Rhodes, our Vestry, our parish staff, and in the Rev. Dr. Judith McDaniel. While I am away, there will be reflection and discussion opportunities for you as a congregation in this 125th year of St. Andrew's ministry, parallel to my reflections as your priest. I look forward to our sharing with one another at the end of the summer and into the Fall how we are discerning God's mission for us now and into the future.

Rector report continued

This coming Sunday, March 6, we will have a Soup and Potato Luncheon Fundraiser after the 10 am service. I hope we can have some further conversations together then about this sabbatical adventure.

May God lead us all in a holy and renewing Lent.

Yours in Christ,

Martin+

Holy Week Services

Palm Sunday (March 20) - 8 & 10am

Both services will begin outside around the Cross with the Liturgy of the Palms, then march inside for the Dramatic Reading of the Passion and Holy Communion.



Monday in Holy Week (March 21) - 1pm to 2pm

One hour review of the Easter stories in the Bible

Wednesday in Holy Week (March 23) - 12 Noon

Holy Communion (brief 35 minute service with homily)

Maundy Thursday (March 24) – 6:30 pm:

Soup Supper, foot (or hand) washing, Holy Communion and the Stripping of the Altar, as we remember Jesus' last night with his friends.



Good Friday (March 25): Two Services



Ecumenical Prayer Service, 12 Noon, presented here at St. Andrew's. Co-sponsored by a range of local churches from Presbyterian and Methodist to Assemblies of God and Four Square. One hour service.

Dramatic Good Friday Liturgy, 7 pm, with music and experiential reflection on the Cross.

Prayer Vigil from Good Friday at 8 pm to Holy Saturday at 12 Noon,
in the Georgie Chapel

The Great Vigil of Easter (Saturday, March 26) – 8 pm:

A dramatic Easter service from early Christian times. We gather at dusk to light a great fire, bring in the Easter candle, hear stories of salvation beginning with Genesis, renew our baptismal vows, shout out the joy of Easter and bring in Easter lilies. The Resurrection is proclaimed and a Festive Eucharist is shared.

Easter Sunday (March 27) – 8 & 10 am:

Festive worship celebration with Choir. Nursery Care at 10 am. An Easter Egg hunt follows the 10 am service.



Plan to attend as many of these holy services and gatherings as possible. Think about who you can invite who might find them meaningful

St. Andrew's Scholarships Available—by Kurt Johnston

The Scholarship Committee of St. Andrew's is again offering limited scholarships to assist with education expense. Application packets are now available on the table in the entryway or through the church office. Applications must be **completed and returned by April 15, 2016**

St. Andrew's Scholarship Committee—by Kurt Johnston

The St. Andrew's Scholarship Committee is seeking volunteers to serve on the Scholarship Review Committee. Service on this committee is limited to one month each year, and is open to all parish members. Please call the church office (253)564-4402 or Kurt Johnston if you are interested in serving.

My Soul Waits for the Lord—by Pam Tinsley

"My soul waits for the Lord, more than watchmen for the morning" from Psalm 130 is the inspiration for this year's Good Friday to Holy Saturday Prayer Vigil, organized by the Daughters of the King. Many of you have participated previously in either our Maundy Thursday Garden Watch and Good Friday prayer vigils and found it to be a profoundly meaningful time of prayer and devotion. We invite all of you to participate again this year.

This year's Prayer Vigil begins at the close of the Good Friday liturgy at 8 pm, continues through the night, and concludes on Saturday at noon with the Holy Saturday Liturgy. Those who participate take turns spending time in quiet meditation and prayer. For safety, we encourage men to sign up during the late night hours. An hour may be fulfilled by one or more persons.

Watch for sign-ups soon which are to ensure that we have the entire period covered by prayer. Prayer request cards will be also available beginning on Palm Sunday. The Prayer Vigil provides an opportunity to reflect upon your relationship with God and with our Lord Jesus Christ. What better time to spend an hour in silent prayer than on the day we remember that Jesus died on the cross for our sins?

Earth Day Garden Fair at Bryant Montessori

—by Lilith Piri (Taschner)

Bryant Montessori is a public school in the Hilltop neighborhood of Tacoma, for kids pre-K through 8th grade. On Earth Day, April 22, the school community celebrates Garden Fair, with lots of fun, hands-on activities for kids that promote awareness of caring for our planet. There are earth-friendly vendors, the Parade of the Species, and the Second-Time Around fundraiser to support our garden program.

I have been volunteering at Bryant for the last four years. In an extreme urban setting with a giant asphalt playground, I saw a need for green spaces and a more peaceful environment for the students. Since then, I have overseen the installation of a bird and butterfly habitat, started a free, after-school garden club, and am working to coordinate garden time for students. The garden program is budding, but not self-sustaining yet!

We definitely need assistance for this important event! There are several ways you can help our school and garden program.

We need volunteers willing to run activity stations during the Earth Day Garden Fair, from 3:30-6:30 pm on April 22. For example, we have an organization willing to provide materials and supplies for us to make reusable bags to reduce the use of "disposable" plastic bags, but not the volunteers to run the activity. Volunteers will be under a covered area and work in pairs, and it shouldn't be too strenuous. We want everyone to have fun!

We also need gently used goods for the Second-Time Around Sale, to raise money for our garden program. On Sunday, March 20, bring stuff you no longer need to church, and volunteers will transport it to the school. Please, no outdated computer equipment, TVs or electronic equipment. All unsold goods will be donated to another non-profit organization, so either way, everything will go to a good cause!

You are also welcome to visit us the day of Garden Fair!

To volunteer, or to arrange pick-up for large items, please contact Lilith Piri through the Church Office.

Bryant Montessori is located at 717 S. Grant Ave, Tacoma, 98405.

Organ Recital Series—by Naomi Shiga

Sunday, April 3rd at 3:00pm will be our next Organ Series performance. We are pleased to welcome Hatsumi Miura the resident organist at Yokohama Minato Mirai Hall in Japan, a 2,000 seat symphonic hall with a large C. B. Fisk pipe organ installed in 1998. She has taught at the Gregorian Institute in Tokyo and has been an Associate Professor of music education at Rikkyo University in Tokyo. Currently she teaches organ at Ferris University in Yokohama, and is an organist at St. Andrew's Episcopal Church in Yokohama.

Ms. Miura's early studies were with Michiko Kikuchi, Guy Bovet and Tsuguo Hirono, with whom she received her undergraduate degree at the Tokyo University of the Arts. In 1997 she received the Artist's Diploma from New England Conservatory, studying with Yuko Hayashi. During her two years in Boston she also was the assistant organist at All Saints Episcopal Church, Ashmont working with Michael Kleinschmidt. Now she is highly sought after as an organ soloist in Japan and abroad.

In November 2007 in a ceremony at the Yokohama Art Museum, the Mayor of Yokohama presented Ms. Miura a commendation and award for her contributions to Art and Music in the city. This yearly award is given to encourage those exceptional people who strive to bring art and music to the people of the city and help to bring recognition to the city of Yokohama.

Please join us Sunday, April 3 at 3pm at St. Andrew's!!!

Jackson Street Food Bank Update—by Virginia Gaub

We are continuing to serve around 60-70 families each month on the last Wednesday. This adds up to around 300 people, some families of 1 or 2 but some as large as 15.

Thank you all for your generous contributions to help us be able to serve these people. From time to time, there is an item that is difficult to obtain through our FISH network purchasing channels.

At this time that one item is **APPLESAUCE**. We have plenty of peaches, mandarin oranges and fruit cocktail but applesauce has been unavailable for a few months.

There is also a shortage of what we call Personal Care items.....**bath soap, dish soap, laundry soap, toothpaste, shampoo, toilet paper**, etc. These are items that I cannot imagine going a month without.

If you would be interested in helping out with one or more of these suggested items, you can bring them to the church and deposit in the trunk in the hallway outside the nursery, in the Cameron Wing of the church building. And we thank you very much for any donation you can offer.

9TH Annual Quiz Nite—April 16th—by Eve Yabroff

Once a year, St Andrew's holds a quiz night that is full of merriment, shenanigans, and friendly competition. For this fundraiser, participants each pay an entry fee for a place at a table of approximately 8-10 people. Table captains decide on a theme for their table and provide appropriate table decorations. They also work with the people seated at their table to settle on a potluck menu that fits the theme.

Everyone at that table dresses up in "costume" and brings a potluck dish for the table. Themes can be elaborate or simple. At each table there will be an envelope for any additional funds (optional) a person wants to put toward the dessert "auction," which is full of all sorts of wonderful desserts. After shared appetizers and eating dinner with your table-mates, the quiz begins!

Sign-up sheets will be in the Ada Webb Room beginning March 13. **For those who sign up and are not part of a table, 2 weeks before the event the fundraising committee will create a table for you and assign you a theme—and then you take it from there.**

SO SAVE THE DATE!!!!

Date: April 16—Time: 5:30pm in Puddicombe Hall (downstairs)

Cost: \$12 per person—Participants: Choose a theme, decorate your table and provide food and utensils for your table. Coffee and water are provided. Each table bring a dessert to be auctioned.

Cursillo—Come and See—by Pam Tinsley

The planning team and Secretariat will be hosting "A Taste of *Come and See: Cursillo 2.0*" at Christ Episcopal Church of Puyallup (210 5th St. SW) on Saturday, March 5 from 11 am - 1 pm. This is a great opportunity to learn more and to ask questions. A light lunch will be served. For more information, see Pam Tinsley or <http://www.olycursillo.org/come-and-see-cursillo-2-0/>.



Shrove Tuesday Pancake Supper



**Thank you to
St. Andrew's
Youth Group
for cooking
and serving a
delicious
Shrove
Tuesday
Supper!**



The Great Vigil of Easter—by Martin Yabroff

Probably the most moving, dramatic and powerful worship offered in the Episcopal Church is at The Great Vigil of Easter, our first Easter celebration, which is traditionally offered between sundown on Holy Saturday and sunrise on Easter morning. (We will offer ours at 8:00 pm.) This service is cherished by those who have experienced it, but many are not familiar with it or understand its power. I hope that many St. Andrew's members and their friends and neighbors will share in this moving liturgy on March 26 this year.

The Great Vigil of Easter reflects the earliest traditions of Christian worship: Early Christians, having been praying and fasting and preparing candidates for baptism through the Lenten season, would gather in vigil and prayer on Maundy Thursday to remember Jesus' last night with his friends, his agonized prayers in the Garden of Gethsemane, and then on Good Friday, his agony and death on the Cross. Vigil and prayer continued on Holy Saturday, remembering Jesus lying in the tomb. Then on Saturday night, the whole community would gather to stories of salvation, beginning with our Creation, deliverance through the Exodus and into the Promised Land, prophecies of hope, and the eagerness with which Creation waits for redemption. Holy Baptism would be celebrated and all would renew their baptismal vows. Then the great joy of Christ's resurrection would be proclaimed and all would celebrate the first Eucharist of Easter.

Our Episcopal service is found in the Book of Common Prayer, beginning on page 285. There are 4 parts of this liturgy: The Service of Light, The Service of Lessons, Baptism or the Renewal of Baptismal Vows, and the Holy Eucharist.

Here at St. Andrew's, we will begin the Service of Light outdoors in the courtyard where a bonfire will be kindled. We will all gather around this new fire and hear the words: *Dear friends in Christ: On this most holy night, in which our Lord Jesus passed over from death to life, the Church invites her members, dispersed throughout the world, to gather in vigil and prayer. For this is the Passover of the Lord, in which, by hearing his Word and celebrating his Sacraments, we share in his victory over death.*

The Easter candle will be lit and we all follow it into the darkened church. When it is brought forward and placed in its stand by the lectern, a Cantor chants an ancient hymn celebrating the holiness of this night: "...when Christ broke the bonds of death and hell, and rose victorious from the grave."

Our Service of Lessons will include 4 readings from the Old Testament, including the Creation Story and the Crossing of the Red Sea. The church is still fairly dark and we sing psalms and offer prayers after each lesson. We remember the drama of our human lives: from sin and suffering to visions of redemption and new life.

Next we all gather around the baptismal font in the back of the church to renew our baptismal promises. (If there are baptisms to celebrate, please see me as soon as possible.) After being sprinkled with water, remembering that we are God's beloved.

Now all the lights of the church go on, candles are lit, and we return to the Altar to hear of Christ's resurrection and its meaning for us, sing Easter hymns, and to celebrate Easter Communion. This service is like a roller coaster, taking us from darkness and depths, hoping and yearning, remembering and witnessing, to great joy and light. It is a wild liturgical ride! (Children old enough to stay mostly awake are most welcome and will find it moving as well

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:30am AA 7:45pm AA	2 Noon Eucharist 6:30pm Quilters Group	3 9am Contemplative Prayer 7pm Choir	4	5 7am SA Meeting Youth Group Laser Tag
6 8/10 Holy Eucharist 11:30am All Parish Soup and Potato Supper 2-7pm Cora Voce Rehearsal	7 1pm Bible Study 7pm Lenten Film Series 8pm Men's Al-Anon	8 10:30am AA 7:30pm Cora Voce Rehearsal 7:45pm AA	9 Noon Eucharist	10 9am Contemplative Prayer 7:30pm Cora Voce Rehearsal 7pm Glory and Praise Choir	11 10am - 1pm Weaver's Guild 7:30pm Cora Voce Rehearsal	12 7am SA Meeting 9am-3:30pm Cursillo Team Meeting
13 8/10 Holy Eucharist All Parish Clean up day	14 1pm Bible Study 6:30pm Alzheimer Support Group 8pm Men's Al-Anon	15 10:30am AA 1pm Finance 7pm Vestry 7:45pm AA	16 Noon Eucharist 6:30pm Craft Night	17 9am Contemplative Prayer 7pm Choir	18 6-8pm Youth Group	19 7am SA Meeting
20 Palm Sunday 8/10 Holy Eucharist 4:30pm Ultreya	21 1pm Bible Study 8pm Men's Al-Anon	22 10:30am AA 7:45pm AA	23 Noon Eucharist	24 Maundy Thursday 9am Contemplative Prayer 6:30pm Supper and Liturgy	25 Good Friday Noon—Ecumenical Service 7pm Good Friday Service 8pm Prayer Vigil Begins	26 7am SA Meeting Noon-Prayer Vigil Ends 8pm The Great Vigil
27 Easter 8/10 Eucharist	28 Office Closed 8pm Men's Al-Anon	29	30 5-7pm Youth Group 5-7pm Jackson Street Food Bank	31		

March Birthdays

1	Linda Brice Megan Parsons
4	Alex Parsons John Tinsley
9	Merle Stewart
10	Fr. Ed Sterling
11	Keith Potter
16	Steve Arthur
21	Christy McDaniel
24	Aimee Ruscio
25	Elise Wolfer
26	Patty Mannie
28	Margo Fleshman Mark Adams
29	Virginia Rothenberg
31	Rosemary Sissel



March Anniversaries

3-10-2010	Jeffrey and Mary Boyce
3-21-1992	Tom Egnew and Joan Halley
3-24-1984	Doug and Molly Strausbaugh

Save the Date—March 13—by Bill Brice

The Buildings and Grounds spring clean up will take place after the 10am service. Come prepared to dust, vacuum light fixtures, weed gardens, rake leaves, wipe and oil pews and lots of other fun stuff.

This has been a semiannual congregational work party for several years but we got away from that schedule with the building renovation work. It is time again to get the place shined up before Easter.

There will be lists of items to be accomplished in each area. We provide the tools, etc. There are no huge chores and this work should take about two hours.

2015 All Parish Clean-up



* **St. Andrew's Episcopal Church**

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St. Andrew's

The Mission of St. Andrew's Episcopal Church is
to know Christ and to make Christ known.

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Virginia Gaub
Colin McDaniel
Josh Mergens
Pam Rhodes, Junior Warden
Chuck Roberts
Susan Rowe
Kristen Ruscio

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Wayne Mannie, Treasurer
Beth Rich, Bookkeeper

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The Rt. Rev. Dr. Gregory Rickel, Bishop
The Rev. Martin Yabroff, Rector
The Rev. Edward A. Sterling, Associate
The Rev. Carola von Wrangel, Associate
The Rev. Peggy Schnack, Deacon

Staff

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Naomi Shiga, Organist & Choir Director
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Tartan Editor

Linda Brice

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